

Medikamentstudier i Midt-Norge

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Hvorfor medikamentstudier ?

- Tilgang til medisin som ellers ikke er tilgjengelig
- Tilgang til enda et medikament når alle medikamentene er brukt opp

Betydelig oppbygging av studieaktiviteten i Midt-Norge

Myelomatose

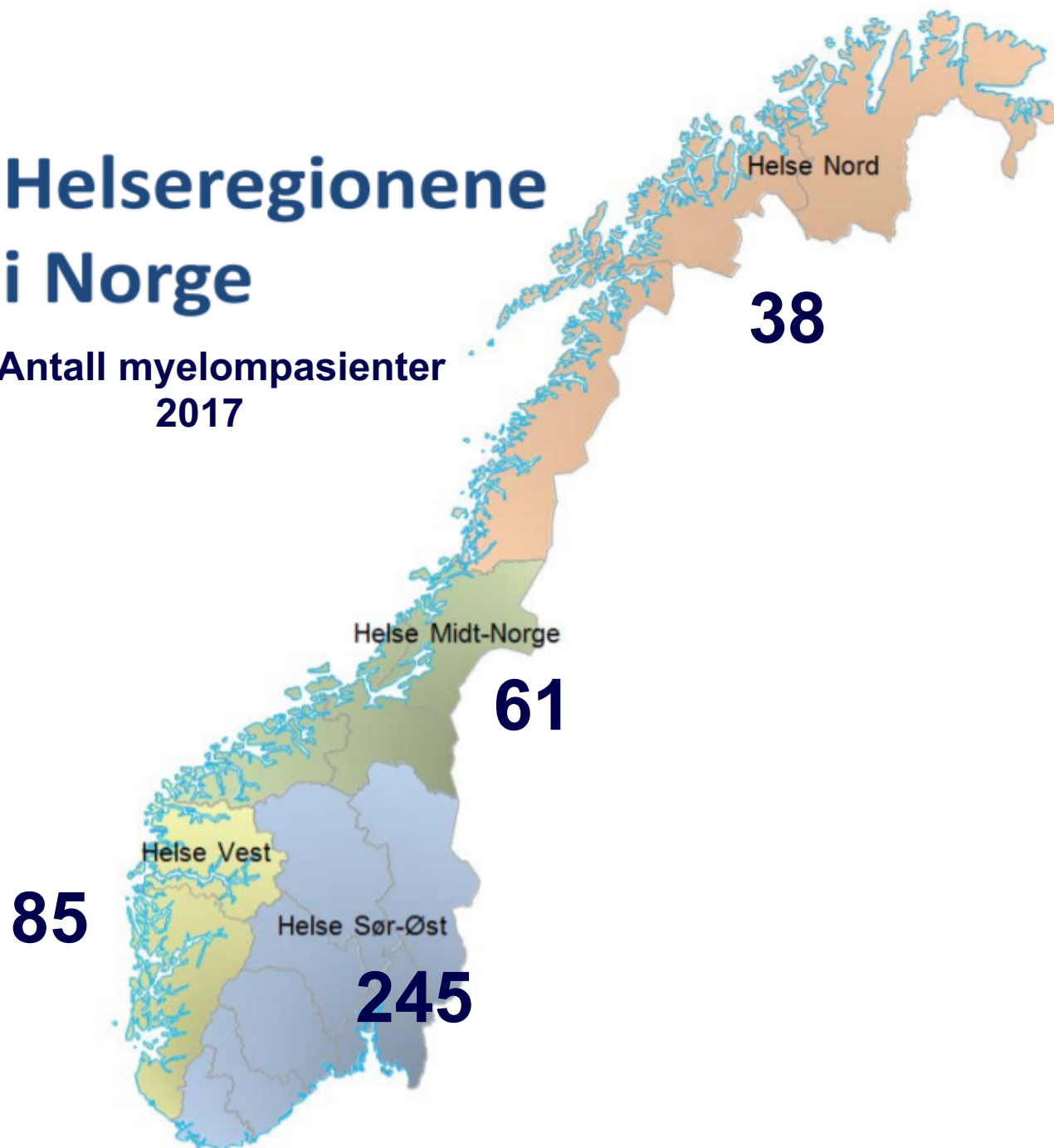
Kronisk lymfatisk leukemi

Akutt myelogen leukemi

Kronisk myelogen leukemi

Helseregionene i Norge

Antall myelompasienter
2017



**Medikamentstudier bør
være tilgjengelig i hele
Norge**



Myelomatose

1. behandling

<70 år HMAS

>70 år medikamenter

2-5. behandling Tilbakefall

Oversikt studier Midt-Norge

- IRd 1. behandling
- Perseus 1. behandling
- Magnolia 1. behandling
- Isatuximab 1. behandling
- Cobra 1. behandling
- Remnant Tilbakefall
- Carfilzomb + kloroquin Tilbakefall

Ixazomib/Revlimid/dex (IRd)/HMAS

- Ixazomib (Ninlaro)
- Proteasomhemmer (i slekt med Velcade)
- Tabletter
- Ikke refundert i Norge

Studien inkluderer aktivt nå

- Fordeler/ulempes:
- All behandling er tablettbehandling
- Lite bivirkninger
- Tilgang til nytt medikament (ixazomib)

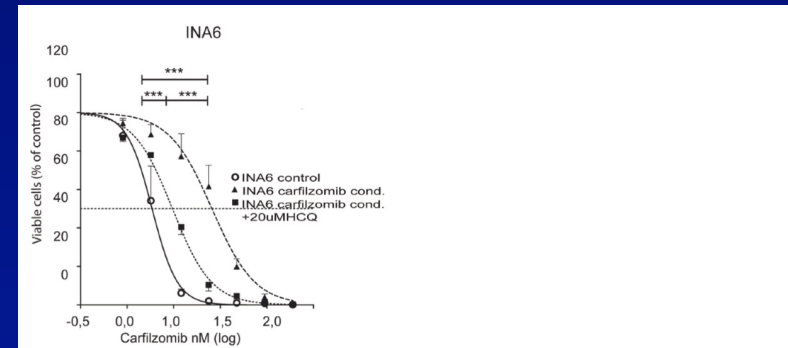
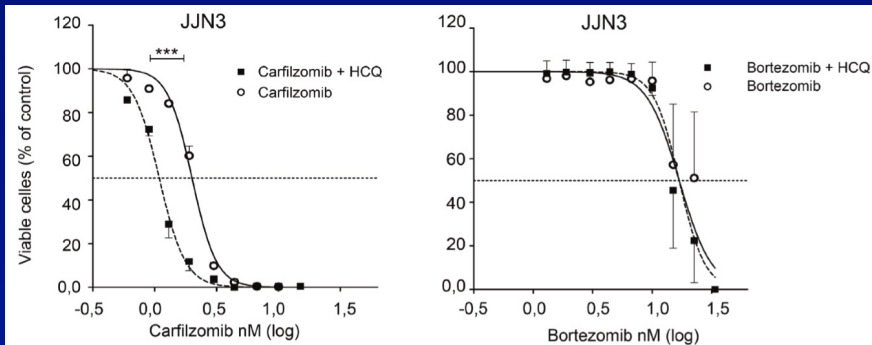
Fase 1/2 studie

klorokvin og Karfilzomib

En studie som startet i laboratoriet i
myelomgruppen i Trondheim

Hydroxychloroquine potentiates carfilzomib toxicity towards myeloma cells

Katarzyna Baranowska^{1,*}, Kristine Misund^{1,*}, Kristian K. Starheim^{1,2}, Toril Holien¹, Ida Johansson^{2,3}, Sagar Darvekar¹, Glenn Buene¹, Anders Waage^{1,4}, Geir Bjørkøy^{2,5}, Anders Sundan^{1,2}



Formål med studien

Fase 1

Etablere hvilken dose av klorokvin som er den beste

Få oversikt over bivirkninger

Fase 2

Virker medisinen på sykdommen ?

Hvem kan være med ?

- Må ha mottatt 2 tidligere behandlinger inkludert bortezomib og IMiDS
- Må ikke være resistent mot karfilzomib
- Må ha tilbakefall

Når starter studien ?

- Desember 2019
- Inklusjon i 15 måneder
- Oppfølgingstudie fase 2 i 2020



NMSG-studie: hvor lenge skal vi bruke benbeskyttende behandling ?

Bisfosfanat i 2 eller 4 år ?

- Alle pasienter som starter 1. behandling
- Pasienter som har fått Zometa i 2 år og ikke har fått tilbakefall
- Loddtrekning etter 2 år: slutte eller fortsette med Zometa i 2 år til

**Studier som ikke
har startet enda**

COBRA

Nylig diagnostisert myelomatose

KRd vs. VRd

Karfilzomib Len, Dex (KRD)

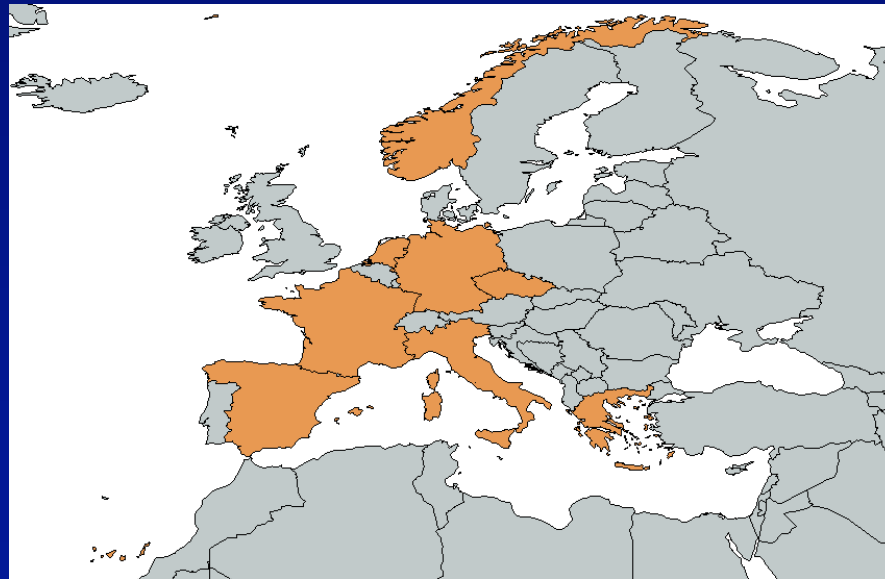
versus

Velcade, Len, Dex (VRD)

- Samarbeid: USA (Chicago) – Polen – NMSG
- Pasient antall 400
- 150 pasienter i NMSG, 150 i Polen sites, 100 i US
- Inklusjon
 - 1. HMAS

upcoming EMN trials (EMN 24- ISK1a)

EMN24	
Other identifying number/names	-
Setting	NDMM
Study Phase	III
Drug/s	Isa-KRd vs KRd
Principal Investigator	Dr Brojl Dr Gay
Number of participating sites	50/60 under discussion
First patient in	Q1 2019
Last patient in	Q4-2020/Q1 2021
Number of patients needed	300



Isatuximab-KRD vs KRD

NDMM
ASCT-
eligible
patients

Rn

KRd induction

- 4 28 day cycles of
- **K** = 20 mg/m² IV dd 1 cc 1 only; followed by 56 mg/m² IV dd 8,15 cc 1 and dd 1,8,15 cc 2-4
 - **R** = 25 mg PO daily dd 1-21
 - **d** = 40 mg PO dd 1,8,15,22

Isa-KRd induction

- 4 28 day cycles of
- **Isa** = 10 mg/kg IV dd 1,8,15,22 cc 1, followed by 10 mg/kg IV dd 1 and 15 cc 2 to 4.
 - **K** = 20 mg/m² IV dd 1 cc 1 only; followed by 56 mg/m² IV dd 8,15 cc 1 and dd 1,8,15 cc 2-4
 - **R** = 25 mg PO daily dd 1-21
 - **d** = 40 mg PO dd 1,8,15,22

- **Cy** = 2-3 g/m² followed by
- **G-CSF** for stem-cell collection

- and
- **M** = 200 mg/m² followed by
 - **ASCT**

KRd post-ASCT consolidation:

- 4 28 day cycles of
- **K** = 56 mg/m² IV dd 1,8,15 cc 5-8
 - **R** = 25 mg PO daily dd 1-21
 - **d** = 40 mg PO dd 1,8,15,22

KRd post-ASCT consolidation:

- 4 28 day cycles of
- **Isa** = 10 mg/kg IV dd 1,15 cc 5-8
 - **K** = 56 mg/m² IV dd 1,8,15 cc 5-8
 - **R** = 25 mg PO daily dd 1-21
 - **d** = 40 mg PO dd 1,8,15,22

KRd light consolidation:

- 12 28 day cycles of
- **K** = 56 mg/m² IV dd 1,15
 - **R** = 10 mg PO dd 1-21
 - **d** = 20 mg PO dd 1,15

KRd light consolidation:

- 12 28 day cycles of
- **Isa** = 10 mg/kg IV d 1
 - **K** = 56 mg/m² IV dd 1,15
 - **R** = 10 mg PO dd 1-21
 - **d** = 20 mg PO dd 1,15

Rn, randomization; Isa, isatuximab; K, carfilzomib; R, lenalidomide; d, dexamethasone; Cy, cyclophosphamide; M, melphalan; NDMM, newly diagnosed multiple myeloma; ASCT, autologous stem-cell transplantation; dd, days; cc, cycles; G-CSF, Granulocyte-Colony Stimulating Factor PO, orally; IV, intravenous.

Remnant-studien

Alle som har fått HMAS

- Tidlig eller sen behandling ved tilbakefall

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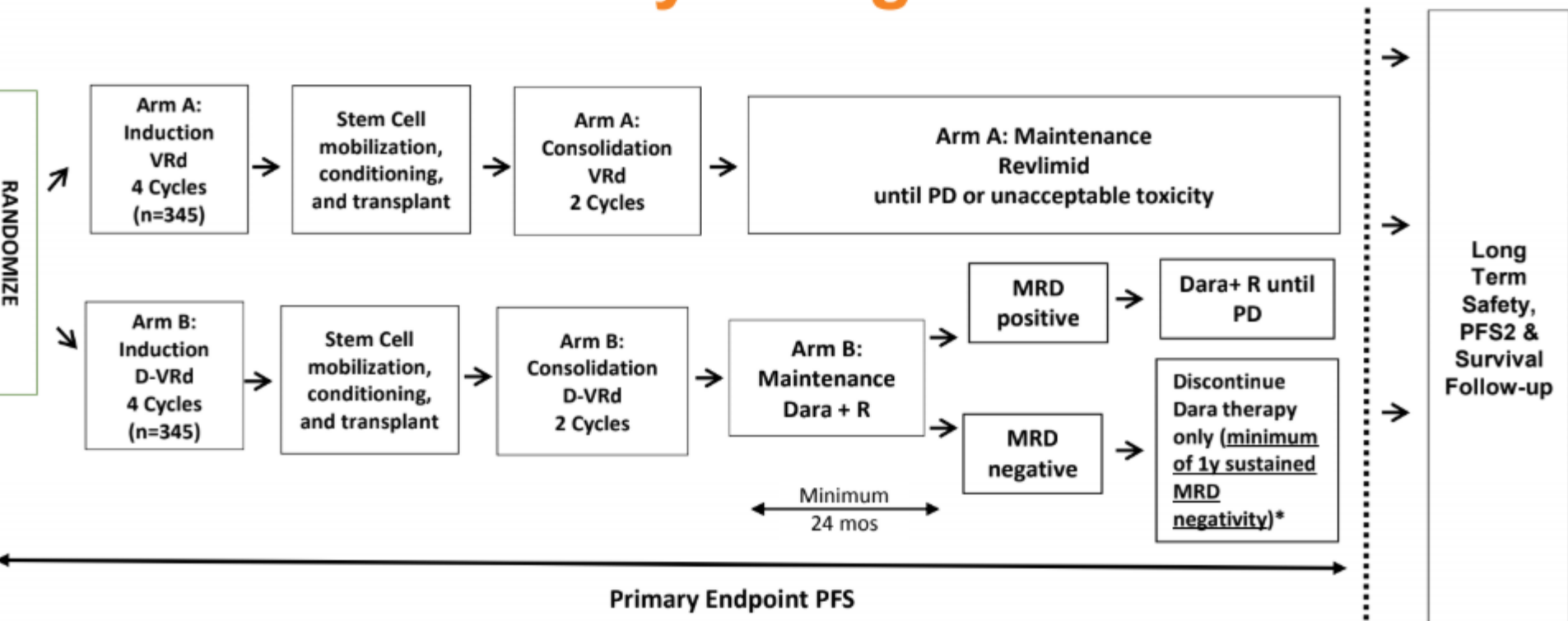
Betydelig opptrapping av studieaktiviteten i Midt-Norge

**Det er også god
behandling utenom
studier**

Studie som avsluttes nov 2019

Dara-VRD vs VRD

Study Design



COBRA

KRD x 8 (28d)
Induksjon

KRD x 16 (28d)
Vedlikehold

R until PD
Vedlikehold

R

Inklusjon høsten 2019

VRD x 8 (21d)
Induksjon

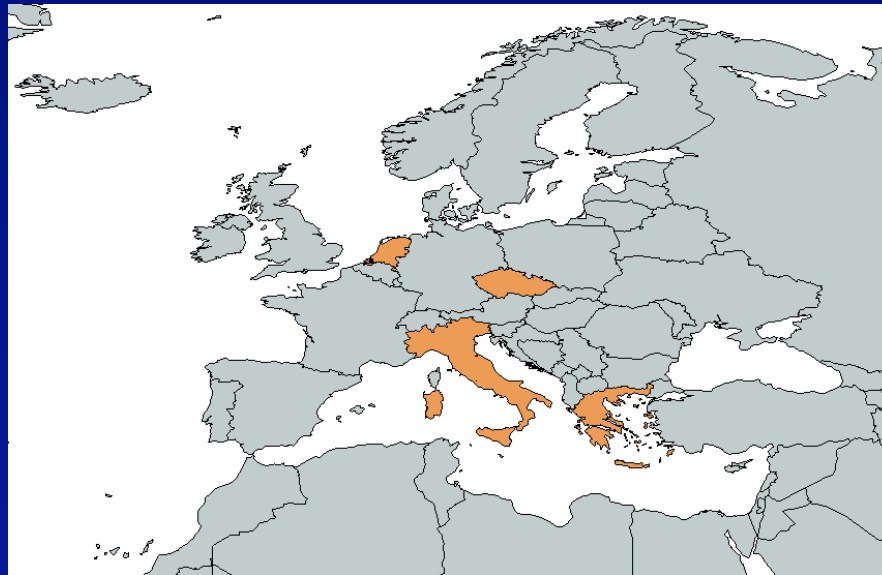
RD x 16 (28d)
Vedlikehold

R inntil PD
Vedlikehold

Carfilzomib x1/uke

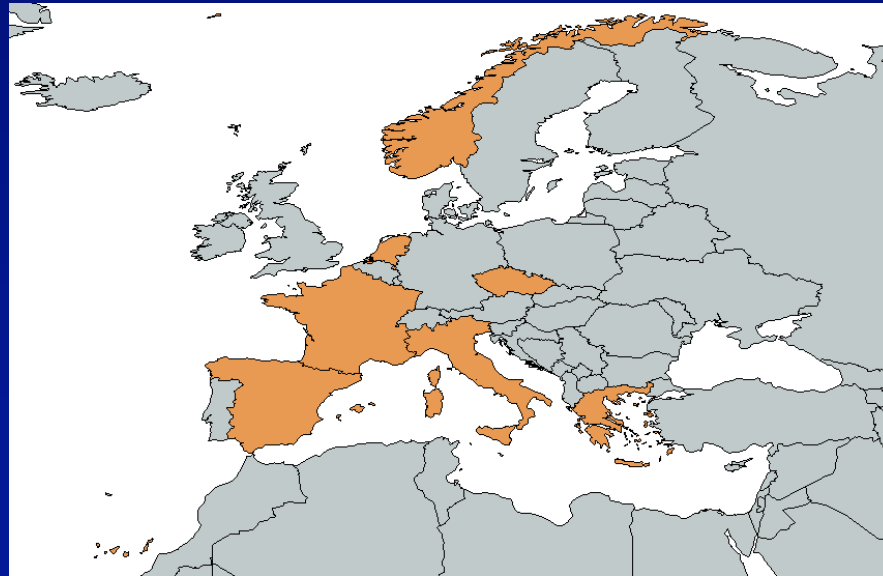
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Phase III EMN24 IsKia study

Inclusion criteria

- documented MM:
 - **CRAB criteria:**
 - **Biomarkers of Malignancy:**
- Patient **18-70 years old** and **ASCT-eligible**
- **Measurable disease**
- **ECOG status ≤ 2**
- **Clinical laboratory values :**
 - **Adequate hepatic function**, ALT/AST ≤ 2.5 times the ULN
 - **Serum direct bilirubin** ≤ 1.5 ULNLN (except in subjects with congenital bilirubinemia, direct bilirubinemia ≤ 1.5 ULN)
 - **Absolute neutrophil count (ANC)** $\geq 1.0 \times 10^9/L$
 - **Platelet count** $\geq 75 \times 10^9/L$ ($\geq 50 \times 10^9/L$ if MM involvement in the bone marrow $> 50\%$)
 - **Creatinine clearance (CrCl)** ≥ 30 mL/minute.
 - **Corrected serum calcium** ≤ 13.5 mg/dL (3.4 mmol/L)
 - **LVEF** $\geq 40\%$.

Phase III EMN24 IsKia study

Exclusion criteria I

- **Non-secretory MM** (unless serum free light chains with abnormal ratio or plasmacytoma with D>2 cm).
- **Plasma cell leukemia, amyloidosis, Waldenstrom disease, POEMS syndrome.**
- **Meningeal involvement** of MM.
- **Acute active infection** requiring treatment (systemic antibiotics, antivirals, or antifungals) within 14 days prior to randomization or G2 with pain) Known human immunodeficiency virus infection (HIV).
- **Allergy to Captisol® or any of the components of study treatments or H2 blockers.**
- **Contraindication to any of the required concomitant drugs or supportive treatments,**
- **Significant medical disease or condition** that may interfere with protocol adherence or informed consent.

- **Cardiovascular comorbidities:**

Unstable angina or myocardial infarction ≤ 4 months prior to randomization; NYHA Class III or IV heart failure; uncontrolled angina; uncontrolled hypertension; pulmonary embolia; history of severe coronary artery disease; severe uncontrolled ventricular arrhythmias; sick sinus syndrome; or electrocardiographic evidence of acute ischemia or G3 conduction system abnormalities unless subject has a pacemaker.

- **Non-hematologic malignancy ≤ 3 years, with the exception of:**

- a) adequately treated basal cell carcinoma, squamous cell skin cancer, or thyroid cancer;
- b) carcinoma in situ of the cervix or breast
- c) prostate cancer of Gleason Grade 6 or less with stable prostate-specific antigen levels
- d) cancer considered cured by surgical resection or unlikely to impact survival during the duration of the study, (e.g. localized transitional cell carcinoma of the bladder or benign tumors of the adrenal or pancreas).

MM, multiple myeloma; D, diameter; ASCT, autologous stem-cell transplantation; G, grade; POEMS, polyneuropathy, organomegaly, endocrinopathy of various forms, production of a monoclonal (M) component, and skin changes.

Phase III EMN24 IsKia study

Statistical methods I

Primary Endpoint:

ITT population

- post ASCT consolidation **MRD**:

- $\alpha = 0.05$ (two sided)
- $\beta = 0.10$
- Allocation ratio: 1:1
- MRD negativity (NGS, 10^{-5}) rate ARM A (Isa-KRd): 64%
- MRD negativity (NGS, 10^{-5}) rate ARM B (KRd): 45%

Total number of patients required: 300 (by the X2 test with Yates' continuity correction).

Secondary Endpoints:

Hierarchical testing procedure for the key secondary endpoints to achieve control of the overall familywise Type I error rate at a two-sided significance level of 0.05.

- **MRD negativity rate after induction**:

- $\alpha = 0.05$ (two sided)
- $\beta = 0.15$
- Allocation ratio: 1:1
- **PFS**:
- MRD negativity (10^{-5}) (NGS) rate ARM A (Isa-KRd): 30%
- MRD negativity (10^{-5}) (NGS) rate ARM B (KRd): 15%

$\alpha = 0.05$ (two sided)

- $\beta = 0.06$

- Allocation ratio: 1:1

- 60 months PFS ARM A (Isa-KRd): 80%

- 60 months PFS ARM B (KRd): 60% (HR:0.44)

Opptrapping av studieaktiviteten i Midt-Norge

- Hvem kan være med?
- Ved hvilke sykehus kan behandlingen gis
- Tabletter versus i sprøyte
- Reisevei

- Forbehandling:
Ixazomib/rev/dex
- Høydosebehandling
- 2 kurer med IRd
- Vedlikeholdsbehandling:
 - Høyrisiko: ixazomib/Revlimid
 - Standardrisiko: Revlimid

Tabletter

- Melfalan
- Cyklofosfamid
- Thalidomid
- Lenalidomid
- Imnovid
- **Ixazomib**
- Panobinostat

- **Venetoclax**
- **Selinexor**

Iv

- Daratumumab
 - Carfilzomib
 - **Elotuzumab**
-
- **SC**
 - Bortezomib
 - (daratumumab)

Noen huskeregler 3. linje og utover

- Umulig å forutsi respons på det enkelte medikament
- Umulig å si hvilken rekkefølge som er best
- Alle pasienter bør ha prøvd 80% av medikamentene. Det 5. medikamentet kan være det beste
- Tenk hele behandlingsforløpet, ikke bare den aktuelle behandlingen
- Praktiske forhold, preferanser, reisevei, komorbiditet spiller stor rolle

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- 4 Palumbo A, Waage A, Hulin C, Beksac M, Zweegman S, Gay F, Gimsing P, Leleu X, Wijermans P, Sucak G, Pezzatti S, Juliusson G, Pégourié B, Schaafsma M, Galli M, Turesson I, Kolb B, van der Holt B, Baldi I, Rolke J, Ciccone G, Wetterwald M, Lokhorst H, Boccadoro M, Rodon P, Sonneveld P. Safety of thalidomide in newly diagnosed elderly myeloma patients: a meta-analysis of data from individual patients in six randomized trials. *Haematologica*. 98:87-94; 2013. PMID 22875621

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